

What Your Doctor May Not Tell You About Heart Disease

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What Your Doctor May Not

Now Dr. John Lee-author of the groundbreaking What Your Doctor May Not Tell You About Menopause-teams up with women's health expert Jesse Hanley, M.D., to bring you a ...

Amazon.com: What Your Doctor May Not Tell You About ...

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What Your Doctor May Not Tell You About(TM) Children's Vaccinations [Cave, Stephanie, Mitchell, Deborah] on Amazon.com. *FREE* shipping on qualifying offers. What ...

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What Your Doctor May Not Tell You About (TM): Menopause: The Breakthrough Book on Natural Progesterone Paperback -- May 1, 1996. by John R. Lee (Author), Virginia Hopkins (Author) 4.6 out of 5 stars 300 ratings.

What Your Doctor May Not Tell You About(TM): Menopause

- (What Your Doctor May Not Tell You About Fibromyalgia (Warner, 1999), also by Dr. St. Amand and Claudia Craig Marek, has netted over 120,000 copies and has a monthly reorder rate of 3,000 copies.

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What Your Doctor May Not Tell You About(TM): Breast Cancer ...

WHAT YOUR DOCTOR MAY NOT TELL YOU ABOUT (TM): CHILDREN'S VACCINATIONS. This is an essential guide for parents about vaccinations. Dr.

WHAT YOUR DOCTOR MAY NOT TELL YOU ABOUT (TM): CHILDREN'S ...

What Your Doctor May Not Tell You About Breast Cancer. NOW IN PAPERBACK! How Hormone Balance Can Help Save Your Life by John R. Lee, M.D., David Zava, Ph.D. and Virginia Hopkins. Warner Books 2002 (410 Pages) Another pioneering book by John R. Lee, M.D. that really gets to the bottom of why women get breast cancer and how to prevent it.

What Your Doctor May Not Tell You About Breast Cancer

A user-friendly guide by the authors of the classic bestsellers What Your Doctor May Not Tell You About Menopause and What Your Doctor May Not Tell You About Premenopause, Dr. John Lee and Virginia Hopkins.

Official Website of John R. Lee, M.D., Expert in ...

What Your Doctor May Not Know About Bone Density Measurement What Does Bone Density Really Mean Use Height as a Baseline Techniques for Measuring Bone Mineral Density. Chapter 14 Women and Cardiovascular Disease. Estrogen and Heart Disease Progesterone and Heart Disease

What Your Doctor May Not Tell You About Menopause

What Your Doctor May Not Tell You About(TM) Alzheimer's Disease: The Complete Guide to Preventing, Treating, and Coping with Memory Loss [Devi MD, Gayatri, Mitchell, Deborah] on Amazon.com. *FREE* shipping on qualifying offers. What Your Doctor May Not Tell You About(TM) Alzheimer's Disease: The Complete Guide to Preventing, Treating

What Your Doctor May Not Tell You About(TM) Alzheimer's ...

Loss of libido. Tender or lumpy breasts. Fibroids and endometriosis. Cold hands and feet. Very heavy or light periods. Or other symptoms like infertility, memory loss, and migraines.

What Your Doctor May Not Tell You about Premenopause ...

What your doctor may not mention could matter to your health. By David Freeman. From the WebMD Archives. Patients often have trouble talking to their doctors. It can be hard to get the words out ...

What Your Doctor May Have Trouble Telling You

Corpus ID: 69059531. What Your Doctor May Not Tell You About Fibromyalgia: The Revolutionary Treatment That Can Reverse the Disease @inproceedings{Amand1999WhatYD, title={What Your Doctor May Not Tell You About Fibromyalgia: The Revolutionary Treatment That Can Reverse the Disease}, author={R. Amand and Claudia Marek}, year={1999} }

What Your Doctor May Not Tell You About Fibromyalgia: The ...

Continued Doctor's Visits and Insurance. Once you're diagnosed with RA, you may need to see your rheumatologist every 3 months for exams and bloodwork at first, or schedule drug infusions ...

RA: What Doctors Might Not Tell You - webmd.com

What Your Doctor May Not Tell You About(TM): Menopause: The Breakthrough Book on Natural Progesterone by John R. Lee MD , Virginia Hopkins John R. Lee MD NOOK Book (eBook)

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What Your Doctor May Not Tell You About(TM) ...

For suggestions on how to find a doctor in your area, please go to: Resources - How to Find a Dr. What Your Doctor May Not Tell You About Breast Cancer \$12.95: How Hormone Balance Can Help Save Your Life by John R. Lee, M.D., David Zava, Ph.D. and Virginia Hopkins Warner Books 2002 (410 Pages) ...

What Your Doctor May Not Tell You About Breast Cancer

John Lee is author of the best-selling What Your Doctor May Not Tell You About Fibromyalgia.

Arguing that giving estrogen replacement therapy to women after menopause is medically the wrong thing to do, Lee suggests that natural progesterone can prevent most of the unpleasant side effects of menopause, including osteoporosis and weight gain.

Each year, over 40,000 women in the U.S. die from breast cancer. With statistics rising, conventional methods of treatment are simply not working, and in some cases may even be harmful. Now, Drs. Lee and Zava explain the potentially life-saving facts, such as: likely sources for the increase in breast cancer, including environment, excessive estrogen, progesterone imbalance, diet, and the dangers associated with traditional hormone replacement methods. Readers will learn strategies for lowering their risk and preventing this devastating disease through a revolutionary hormone balance program.

Depression is a serious illness that can often havedetrimental effects on one's personal and professional life -but it doesn't have to. With proper treatment, one can conquerthis mental monster and lead a fulfilling and productive life.What's more, expensive prescription drugs with sometimesdebilitating side effects may very well not be the answer.In this breakthrough programme, Dr Michael Schachter offers hisproven protocol to treat depression naturally by rebalancing andrepairing out of sync and inefficient neurotransmitters in the brain Readers are guided towards relief through potent, safe naturalsupplements that directly affect brain chemistry. Combining moretraditional treatments with new proven remedies, Dr Schachter'sprogramme reveals: the right amino acids that can help balance brainchemistry; how to easily and effectively control the amount ofserotonin, dopamine, and glutamine in the brain -without drugs, theimportance of Omega-3 intake and the role of mercury and fluoridetoxicity can play in depression and much more.Dr Schachter leaves no stone unturned on the path to treatingdepression safely, effectively and naturally.

This is an essential guide for parents about vaccinations. Dr. Stephanie Cave explains their pros and cons and the book provides information to help parents make a knowledgeable, responsible choice about vaccinating their children.

With the exception of only the common cold, Irritable Bowel Syndrome (IBS) accounts for more work and school absences than any other illness. But drugs aren't always the best option - as Dr. Ash learn from experience. He has developed a program that helps relieve symptoms without drugs - and has applied his knowledge to the treatment of IBS, helping thousands of patients. In this groundbreaking treatment plan Dr. Ash reveals his drug-free approach to relieving the symptoms of IBS, using vitamin C, bioflavonoids, and other herbs and nutrients that help the body to heal itself. He also discusses the role of food allergies, the need for adequate diagnostic tests, and environmental factors, such as stress.

A safe, effective hormone balance program for women aged 30-50 suffering from premenopause syndrome. Restore and maintain gynecological health, sex drive, and energy. I'm too young for menopause. So why do I feel like this? Even if you're a decade or more away from menopause, your hormones may already be out of balance, usually caused by an excess of estrogen and a deficiency of progesterone. Over 50 million women experience premenopause symptoms, including: Unexplained, sudden weight gain Severe PMS, fatigue, irritability, and mood swings Loss of libido Tender or lumpy breasts Fibroids and endometriosis Cold hands and feet Very heavy or light periods Or other symptoms like infertility, memory loss, and migraines. Now Dr. John Lee-author of the groundbreaking What Your Doctor May Not Tell You About Menopause-teams up with women's health expert Jesse Hanley, M.D., to bring you a revolutionary nonprescription "Balance Program" with simple, safe, and natural solutions for premenopause. Learn how natural progesterone and changes to your diet and environment can balance your hormones, eliminate premenopausal symptoms, and make you feel better-all without surgery, antidepressants, or prescription hormones.

What Your Doctor May Not Tell You About Fibromyalgia is the only protocol that actually treat the condition, reduces drug dependency, and offer an actual cure. Most patients with fibromyalgia are on as astonishing array of medications--sometimes taking over 10 different medications and supplements a day to treat symptoms ranging from muscle pain and fatigue to hypoglycemia, IBS, and chronic candidiasis--and they still can't control their pain. This fourth edition of the book goes deeper into understanding the disease and the early intervention options that are available. With special attention paid to fatigue and pain management protocols, Dr. St. Armand goes into great detail about the big issues surrounding fibromyalgia today, including: A close look at supplements, including CBS oil--an unregulated market without the same scientific ngor as most medications Guaifenesin as a drug that does work, eliminating symptoms and restoring normal life to an astonishing 90 percent of the fibromyalgia sufferers A discussion of pharmaceuticals in treatment, and why "medical Band-Aids" won't treat the disease changes in disease protocol discussion of pharmaceuticals in treatment

Mention diabetes and what are the first things that leap to mind? Sugar levels, glucose monitoring, and insulin? According to leading diabetes specialist Dr. Stevan Joyal, to truly combat the diabetes epidemic--both preventing it and improving the quality of life for those who have it--we must start smaller, by focusing on the microscopic yet most critical factors that control your genes and your cells. In WHAT YOUR DOCTOR MAY NOT TELL YOU ABOUT DIABETES, Dr. Joyal tells readers how to prevent and treat type 2 diabetes and reverse prediabetes (a condition affecting half of all Americans), by positively influencing the genes and cells in the body that cause the condition--all without the use of special gadgets, or crazy fad diets. In this groundbreaking, integrative treatment plan, you will find -the testing procedures that EVERYONE should have to discover their diabetes and prediabetes risk level -tools to prevent and significantly control minor to serious diabetic complications -important guidelines on diet, including especially effective "superfoods" -an individualized, scientifically-proven natural supplement regime -a manageable and effective exercise program -lifestyle changes, including stress reduction tips, that can really make a difference -recommendations on pharmaceuticals when necessary

Coronary heart disease has long been the number one killer in this country, and for decades, we have been told about five basic risk factors: elevated cholesterol, high blood pressure, diabetes, obesity, and smoking. But the truth is that heart disease is much more complex-- with close to 400 risk factors! In this innovative guide, Dr. Mark Houston helps readers discover the causes of heart disease, how to prevent and treat its debilitating effects via nutrition, nutritional supplements, exercise, weight management, and lays rest to various myths (cholesterol is not the primary cause) based on scientific studies and medical publications. Readers will also learn how to identify the risk factors most likely to endanger them and construct an arsenal of non-pharmacological preventitive strategies that can counteract this most deadly disease.

An astonishing 13 million people suffer from hypothyroidism and its complications. This book includes a Foreword by Mary J. Shomon, thyroid patient advocate, published educator, and author of the successful "Living Well With Hypothyroidism."

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