

The Home Apothecary Cold Spring Apothecarys Cookbook Of Hand Crafted Remedies Recipes For The Hair Skin Body And Home

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The Home Apothecary Cold Spring

Buy The Home Apothecary: Cold Spring Apothecary's Cookbook of Hand-Crafted Remedies & Recipes for the Hair, Skin, Body, and Home by Stacey Dugliss-Wesselman (ISBN: 0080665009242) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

The Home Apothecary: Cold Spring Apothecary's Cookbook of ...

The Home Apothecary: Cold Spring Apothecary's Cookbook of Hand-Crafted Remedies & Recipes for the Hair, Skin, Body, and Home. With the resurgence of small-batch, locally crafted boutiques and brands that mimic heritage brand ideals, today's consumers are looking for a product with an emphasis on locally sourced production and ingredients. They are already stocking their pantries and fridges with natural, whole foods and relying on real ingredients for better health.

The Home Apothecary: Cold Spring Apothecary's Cookbook of ...

Stacey Dugliss-Wesselman launched Cold Spring Apothecary, a line of health, beauty, and home products that adhere to sustainable practices for people and the planet. At Cold Spring Apothecary, everything is made in small batches in Cold Spring, New York, by Stacey herself.

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The Home Apothecary: Cold Spring Apothecary's Cookbook of Hand-Crafted Remedies & Recipes for the Hair, Skin, Body, and Home by Stacey Dugliss-Wesselman. An apothecary is a skilled craftsperson who compounds herbal mixtures that enhance health and beauty. Put aside the modern world of tricky marketing and harmful chemicals and create your own apothecary solutions.

The Home Apothecary - Catland

Cold Spring Apothecary products are crafted in small batches in our manufacturing lab. With a strong commitment to luxury, only the highest quality ingredients go into products. That means no drying sulfates, harsh parabens, or harmful fragrances. We believe our products should be both mindful and luxurious without compromise.

Home Goods - Cold Spring Apothecary

Stacey Dugliss-Wesselman launched Cold Spring Apothecary (<http://www.coldspringapothecary.com>), a line of health, beauty, and home products that adhere to sustainable practices for people and the planet. At Cold Spring Apothecary, everything is made in small batches in Cold Spring, New York, by Stacey herself.

The Home Apothecary: Cold Spring Apothecary's Cookbook of ...

Retail Store & Wellness House Cold Spring Apothecary is a Hudson Valley-based health and beauty company. Founded in 2010 as a modern-day apothecary, our products are medicinally focused and remedy-based. CSA products are thoughtfully created and fueled by the healing power of botanicals and herbs.

Cold Spring Apothecary | Hair Care, Skin Care, Body Care ...

COLD SPRING APOTHECARY. Founded in 2010 as a Hudson Valley based health and beauty company, our products are thoughtfully created and fueled by the healing power of botanicals and herbs. At Cold Spring Apothecary we seek balance between functionality and indulgence throughout our entire product line. Cold Spring Apothecary products are crafted in small batches in our manufacturing lab.

About Us - Cold Spring Apothecary

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Shop All - Cold Spring Apothecary

The Home Apothecary Cold Spring Apothecary's Cookbook of Hand-Crafted Remedies & Recipes for the Hair, Skin, Body, and Home. Stacey Dugliss-Wesselman (author), Cold Spring Apothecary. Paperback (15 Jul 2013)

The Home Apothecary : Stacey Dugliss-Wesselman (author ...

Cold Spring Apothecary - 75 Main St, Cold Spring, NY 10516 - Rated 5 based on 15 Reviews "Had a 90 minute deluxe facial. Was the best facial I have ever...

Cold Spring Apothecary - Home | Facebook

At Cold Spring Apothecary, everything is made in small batches in Cold Spring, New York, by Stacey herself. And instead of harmful synthetic chemicals, organic ingredients are the cornerstone of each product. Stacey was the recipient of a Daily Candy Start Small, Go Big entrepreneur award in 2011. ...

With the resurgence of small-batch, locally crafted boutiques and brands that mimic heritage brand ideals, today's consumers are looking for a product with an emphasis on locally sourced production and ingredients. They are already stocking their pantries and fridges with natural, whole foods and relying on real ingredients for better health. The Home Apothecary offers fresh ideas for caring for the body on the outside, too. It features a bounty of recipes: more than 75 original, natural, and absolutely chemical-free body care products from face masks to bug repellent to soothing lotions. Cold Spring Apothecary's nationally recognized green-luxury beauty and home goods formulas will be taught in such a way that readers will soon be experimenting on their own.

"100 fresh and eco-friendly projects for body, face, and hair, from up-and-coming natural beauty expert, teenager Lauren Cox and her mother, leading home beauty author Janice Cox"--Provided by publisher.

The Witch's Herbal Apothecary is a magickal book of recipes, rituals, and materia medica for reconnecting with the power and healing of Earth Magick. Author Marysia Miernowska is the Director of one of California's most renowned herbal schools and named one of the "top 15 witches on Instagram" (@marysia_miernowska) by Huffington Post. Mother Earth is a living entity that holds great medicine to heal us physically and spiritually. However, in today's modern world, too many of us are separated from this source of nourishment. With the wheel of the year as a framework, you'll begin to understand the currents of nature and how to weave yourself back into this great web of life. Using the plants, seasons, and cycles as your tools, you will be able to tap into the potent Earth Magick of life, death, renewal, and rebirth. In harmony with the seasons, You will learn how to: Grow medicine Harvest from the wild or home garden Process plants Make remedies Each season opens a portal of magick that allows you to harvest the literal and spiritual gifts the Earth is offering at that time. The Witch's Herbal Apothecary will awaken the Witch inherent in every wild soul and guide her into an empowered relationship of healing and magick with the natural world.

Access Free The Home Apothecary Cold Spring Apothecarys Cookbook Of Hand Crafted Remedies Recipes For The Hair Skin Body And Home

Herbs are quite literally everywhere; it is only our ability to recognise their value that has been lost. Vicky and Kim explore the traditional uses of herbs combined with a modern and scientific understanding of a truly holistic approach so that you can use herbs to treat ailments and improve your general wellbeing. The book contains fascinating information about herbs and with suggestions of what each herb can be used for. Did you know that daisies infused in oil can be used to reduce bruises? That roses can help grieving and anxiety? Or that elderflower cordial can bring down a temperature? There is also an introduction to each of the body's systems (nervous, respiratory etc.) and which herbs are best for treatments. And of course, the book is peppered with vinegars, balms, oils, tinctures, creams, lotions and syrups to create your own little herbal health kit. Vicky and Kim also encourage people to reconnect with their local environment in addition to growing herbs in their gardens or windowsills. An all-encompassing guide for the beginner, The Handmade Apothecary is filled with guidance, useful tips and tried-and-tested recipes that will inspire people to make their own remedies.

Offers recipes and information on creating natural and organic beauty products in the kitchen, including hair conditioners, facial toners, and body scrubs.

Perfect for anyone just beginning in herbal medicine. Mother Earth Living Start your path to natural wellness with the safe, trusted advice found in The Herbal Apothecary. With the guidance of naturopath JJ Pursell, you will learn how to safely create your own remedies using plants you know and love. Incorporating traditional wisdom and scientific information, The Herbal Apothecary provides an accessible and comprehensive introduction to plant-based medicine. It features profiles of the 100 of the most important medicinal plants that include information on medicinal uses, identification and cultivation, and recipes for common concerns. Additional information includes step-by-step instructions for making herbal teas, tinctures, compresses, salves, and more. This comprehensive guide includes treatments for men, women, and children that address a variety of concerns including muscle strain, the flu, the common cold, insomnia, anxiety, and much more.

Boost your immunity—and your health Now more than ever, we are seeking safe and natural ways to help bolster our health from the safety of our own homes. Dr. JJ Pursell, a naturopathic physician and the author of The Herbal Apothecary, is here to help with herbal recipes focused on boosting our immune systems. Medicinal Herbs for Immune Defense offers recipes that will help you support and build up your immune system, with recipes addressing common health concerns like colds, the flu, bronchitis, coughs, and more. The 104 recipes include capsules, salves, teas, tinctures and more that are safe and easy to create at home. You will also learn how to build a home apothecary and find value in a primer focused on the most powerful herbs. Don't wait for illness to strike—prevention will always be the best medicine. Medicinal Herbs for Immune Defense includes remedies for a wide range of concerns: Antiviral treatments Chest colds Coughs Earaches Fevers Influenza Sinusitis Strep throat

Treat Ailments the Natural Way with Plants and Herbs from Your Yard Your garden or neighborhood could hold all the plants and herbs you need to treat everything from respiratory issues to nerve pain to colic using natural remedies that are just as good for your body as they are for the environment. The Backyard Herbal Apothecary is packed to the brim with information on 50 different plants, recipes for 56 remedies and beautiful photography on every page. Devon Young, founder of the holistic lifestyle blog Nitty Gritty Life, is a trained herbalist and is well practiced in developing and implementing herbal remedies. As a result, each of Devon's recipes is a natural and effective tonic for your health concerns. Use cottonwood to make a salve for achy joints, heal minor bumps and bruises with the common yard daisy, infuse some nettle to make an allergy-season combating tincture and so much more, all using safe and locally foraged plants. Poignant, captivating writing awakens the senses as you learn about the healing quality of each plant and discover how to grow and forage plants and herbs in a safe and sustainable way.

Ditch synthetic, store-bought health- and body-care products and create your own natural versions instead! This accessible, carefully curated collection from Ashley English features simple, tried-and-true recipes that she turns to again and again, from a rosemary and apple-cider vinegar hair rinse for dry scalp to a stress-relieving tincture of fresh lemon balm and roses. English also includes information on sourcing materials, the benefits of her ingredients, and safety tips.

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