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The Cosmetic Ingredient Dictionary Authored by the Personal Care Products Council (the Council), the trade association for the cosmetic and personal care industry, the International Cosmetic Ingredient Dictionary and Handbook provides a comprehensive listing of ingredients used in cosmetic and personal care products for the benefit of consumers, the U.S. Food and Drug Administration (FDA), and manufacturers.

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With 800 new ingredients found in toiletries, cosmetics, and cosmeceuticals – everything ranging from shampoo to shaving cream, bath lotions to Botox – this alphabetically organized guide evaluates them all, and includes targeted information for children and for people of color. A Consumer ' s Dictionary of Cosmetic Ingredients is more indispensable than ever to anyone who cares about the health of themselves and their loved ones.

A Consumer's Dictionary of Cosmetic Ingredients: Complete ...

The 6th edition of Ruth Winter's A CONSUMER'S DICTIONARY OF COSMETIC INGREDIENTS, first published in 1978, contains an excellent 40 page introduction covering everything from the state of cosmetics regulations, safety concerns, basic ingredients, and what to do if you have an adverse reaction, to an annotated list of organizations concerned with cosmetics safety.

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9780307451118: A Consumer's Dictionary of Cosmetic ...

Find out what ' s in your health and beauty products with Ruth Winter ' s A Consumer ' s Dictionary of Cosmetic Ingredients. This updated and expanded sixth edition gives you all the facts you need to protect yourself and your family from possible irritants, confusing chemical names, or exaggerated claims of beauty from gimmick additives.

Containing more than six thousand updated entries, a helpful resource of information on the ingredients in cosmetics reports on the origins, function, and possible health effects of specific preservatives, acids, buffers, humectants, colorings, flavorings, and processing agents. Original. 15,000 first printing.

An essential book for anyone who wants to make informed, healthier choices about the cosmetics they use. This valuable listing of thousands of cosmetic ingredients includes all those found in the products you use regularly, and advice about evaluating the many new products that come into use each year.

Take the guesswork out of choosing safe and effective cosmetics and cosmeceuticals. You wouldn ' t eat something without knowing what it was. Don ' t you want to take the same care with what you put on your face, hair, and body? Find out what ' s in your health and beauty products with Ruth Winter ' s A Consumer ' s Dictionary of Cosmetic Ingredients. This updated and expanded sixth edition gives you all the facts you need to protect yourself and your family from possible irritants, confusing chemical names, or exaggerated claims of beauty from gimmick additives. Virtually every chemical found in toiletries, cosmetics, and cosmeceuticals—from body and face creams to toothpaste, hand lotion, shaving cream, shampoo, soap, perfume, and makeup—is evaluated in this book, including those ingredients marketed as being all-natural, for children, and for people of color. The alphabetical arrangement makes it easy to look up the ingredients in the products you use. With new substances popping up in products we utilize every day—and with the continuing deregulation of the cosmetics industry—A Consumer ' s Dictionary of Cosmetic Ingredients is more indispensable than ever.

Milady's Skin Care and Cosmetic Ingredients Dictionary, third edition, is a multi-purpose resource for cosmetic professionals and consumers alike. Part one puts cosmetics in the context of skin care. It provides an overview of skin physiology. In order to understand how and why a product works it is essential to understand how the skin works. It gives an overview of the complexity of cosmetic chemistry particularly with respect to product penetration, and highlights the current challenges facing cosmetic formulators. In addition, it offers comprehensive discussion of the various skin types and conditions in order to help professionals in their product selection. Lastly, it defines common cosmetic industry terminology used by cosmetic manufacturers, professional estheticians, marketers and the media. The second part is dedicated to helping cosmetic users identify the function and purpose of specific ingredients. It is an alphabetical dictionary that lists and describes not only active principles but all other categories of ingredients that comprise a skin care cosmetic. As scientific knowledge of skin physiology and cosmetic chemistry advances, so do cosmetic products. This volume puts everything in context in an easy to read, easy to understand, user-friendly format.

It started with a harmless quest for perfect wash-and-go hair. Every girl wants it, and Siobhan O'Connor and Alexandra Spunt finally found it in a fancy salon treatment. They were thrilled -- until they discovered that the magic ingredient was formaldehyde. Shocked, O'Connor and Spunt left no bottle turned. If it went on their body (and thus, was absorbed into their skin and bloodstream), they researched it. As it turns out, many of those unpronounceable ingredients in your self-tanner and leave-in conditioner are not regulated and the "natural" on your face wash doesn't mean what you think it does. Now, with the help of top scientists, dermatologists, and makeup artists, the authors share their compelling findings and the easy way to detoxify your beauty regimen. No More Dirty Looks also reveals the safest, most effective products on the market and time-tested home recipes. Finally, you don't need to sacrifice health for beauty -- because coming clean is the best look yet.

Containing more than six thousand entries, a helpful resource of information on the ingredients in cosmetics reports on the origins, function, and possible health effects of specific preservatives, acids, buffers, humectants, colorings, flavorings, and processing agents. Original.

Today, young cosmetics researchers who have completed their graduate studies and have entered a cosmetics company are put through several years of training before they become qualified to design cosmetics formulations themselves. They are trained so that they can design formulas not by a process of logic but by heart, like craftsmen, chefs, or carpenters. This kind of training seems a terrible waste of labor and time. To address this issue and allow young scientists to design novel cosmetics formulations, effectively bringing greater diversity of innovation to the industry, this book provides a key set of skills and the knowledge necessary for such pursuits. The volume provides the comprehensive knowledge and instruction necessary for researchers to design and create cosmetics products. The book ' s chapters cover a comprehensive list of topics, which include, among others, the basics of cosmetics, such as the raw materials of cosmetics and their application; practical techniques and technologies for designing and manufacturing cosmetics, as well as theoretical knowledge; emulsification; sensory evaluations of cosmetic ingredients; and how to create products such as soap-based cleansers, shampoos, conditioners, creams, and others. The potential for innovation is great in Japan ' s cosmetics industry. This book expresses the hope that the high level of dedicated research continues and proliferates, especially among those who are innovators at heart.

Lead in lipstick? 1,4 dioxane in baby soap? Coal tar in shampoo? How is this possible? Simple. The \$35 billion cosmetics industry is so powerful that they've kept themselves unregulated for decades. Not one cosmetic product has to be approved by the US Food and Drug Administration before hitting the market. Incredible? Consider this: The European Union has banned more than 1,100 chemicals from cosmetics. The United States has banned just 10. Only 11% of chemicals used in cosmetics in the US have been assessed for health and safety - leaving a staggering 89% with unknown or undisclosed effects. More than 70% of all personal care products may contain phthalates, which are linked to birth defects and infertility. Many baby soaps are contaminated with the cancer-causing chemical 1,4 dioxane. It's not just women who are affected by this chemists' brew. Shampoo, deodorant, face lotion and other products used daily by men, women and children contain hazardous chemicals that the industry claims are "within acceptable limits." But there's nothing acceptable about daily multiple exposures to carcinogenic chemicals -- from products that are supposed to make us feel healthy and beautiful. Not Just a Pretty Face delves deeply into the dark side of the beauty industry, and looks to hopeful solutions for a healthier future. This scathing investigation peels away less-than-lovely layers to expose an industry in dire need of an extreme makeover. 15 percent of the purchase price of each book sold benefits the national Campaign for Safe Cosmetics, administered by the Breast Cancer Fund, through December 31, 2012.

The quest for lasting youth, vigor, and sexual potency has reached a new frontier, and this fact-filled investigation, *The Anti-Aging Hormones* (Crown, 1997) discusses the latest results in clinical testing of hormones. Drawing on the most current research by the National Institute of Aging, nationally known health expert Ruth Winter investigates the uses and misuses of testosterone, melatonin, estrogen, and other manufactured hormones. Her book tackles the most challenging medical questions in a field that has captured the imagination of millions of aging baby boomers. *The Anti-Aging Hormones* explores these questions and more: Which hormones can elevate mood and increase brain activity? Will growth hormones restore vigor and muscles in men? Is melatonin the time keeper that determines how fast we age and how long we live? How effective are thymus gland hormones in immunizing us from infections and cancer? Can estrogen prevent Alzheimer's in both men and women?

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